

AvalonActiv®

Temporary relief of muscle and joint pain

COLD

Use:

- Relieves acute musculoskeletal pain conditions
- After physical exercise to help alleviate Delayed Onset Muscle Soreness (DOMS) which occurs 24-48 hours after intense physical activity



Gel Cold
100ml

Ingredients
Menthol 3.5%

- A cooling gel that temporarily relieves muscle and joint pain
- Suited for use after strenuous physical activity



Roll-On Cold
59ml

Ingredients
Menthol 3.5%

- Ball-tip, offers convenient massage tool tip
- Designed for better access to hard-to-reach body areas (e.g. Neck and Lower Back/Spine)



Spray Cold
118ml

Ingredients
Menthol 10%

- Spray on, helps to cover large surface areas quickly and effectively

 **Avalon Pharma**

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AvalonActiv[®]
Temporary relief of muscle and joint pain

**EXTRA
STRENGTH**



Use:

- Relieves acute musculoskeletal pain conditions
- Before physical activity to help protect previous injury sites and reduce risk of possible strains and sprains during physical activity

Cream Extra Strength
100ml

Ingredients

Methyl Salicylate 12.8%
Eucalyptus Oil 1.97%
Menthol 5.91%
Turpentine Oil 1.47%

• A herbal analgesic cream that temporarily relieves muscle and joint pain through extra strong heating sensation

Avalon Pharma

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3. Topp R, Ledford ER, Jacks DE. Topical menthol, ice, peripheral blood flow, and perceived discomfort. J Athl Train. 2013;48(2):220-225. doi:10.4085/1062-6050-48.1.19

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