

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What **salinose Hypertonic Nasal Jet Spray** is and what it is used for
2. What you need to know before you use **salinose Hypertonic Nasal Jet Spray**
3. How to use **salinose Hypertonic Nasal Jet Spray**
4. Possible side effects
5. How to store **salinose Hypertonic Nasal Jet Spray**
6. Further information

1. What salinose Hypertonic Nasal Jet Spray is and what it is used for

salinose Hypertonic Nasal Jet Spray called "salinose Hypertonic in this leaflet", it is a hypertonic solution (2.65% w/v NaCl) to moisten and cleanse the nose. salinose Hypertonic helps you breathe better. Useful as a nasal wash for sinusitis and colds, and to flush allergens and dust from nasal passages.

2. What you need to know before you use salinose Hypertonic Nasal Jet Spray

Warnings and precautions

For nasal use only. Do not use this container for more than one person; it may spread infection.

Children and adolescents

Used in adults and children from 6 years old and above only.

Pregnancy and breastfeeding

If you are pregnant or breastfeeding or think you may be pregnant, ask your doctor or pharmacist for advice before taking this product.

3. How to use salinose Hypertonic Nasal Jet Spray

Can be used alone, as a natural alternative to medicated decongestants (local corticosteroids, antihistamines, vasoconstrictors), or in combination with them to improve their efficacy. As such, it helps decrease medicated treatment duration and may lead to reduced overall drug intake.

Instruction for use:

Adult & Children

1. Remove protective cap.
2. Hold head upright position,
3. Gently insert applicator into the nostril and press firmly
4. Spray twice in each nostril.

Use 2 or 3 times daily as needed, or as recommended by your doctor. Take care not to aspirate nasal contents back into bottle. If spray tip touches nose, rinse with hot water before replacing cap.

Recommended dosage:

salinose Hypertonic Nasal Jet Spray 75ml:

Adult: 1 to 3 sprays in each nostril, 2 to 3 times daily or as per physician's instructions.

Children (6 years and above): 1 to 2 sprays in each nostril, 2 to 3 times daily or as per physician's instructions.

4. Possible side effects

A mild and temporary stinging sensation may be experienced at the beginning of use.

5. How to store salinose Hypertonic Nasal Jet Spray

- Keep this medicine out of the sight and reach of children.
- Store below 30°C.
- Shelf life after first opening is 2 months.
- Do not use salinose Hypertonic after the expiry date which is stated on the label and carton. The expiry date refers to the last day of that month.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines if you no longer use. These measures will help to protect the environment.

6. Further information

What salinose Hypertonic Nasal Jet Spray contains

Sodium Chloride (2.65% w/v), Benzalkonium Chloride, Disodium EDTA, Sodium Hydroxide, Potassium Dihydrogen Phosphate, Purified Water.

Available in:

salinose Hypertonic Nasal Jet Spray 75ml.

Manufacturer & Marketing Authorisation Holder:

Middle East Pharmaceutical Industries Co Ltd (Avalon Pharma)
P.O.Box 4180 Riyadh 11491
2nd Industrial City, Riyadh, Kingdom of Saudi Arabia
Tel: +966 (11) 2653948 -2653427
Fax: +966 (11) 2654723

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To report any side effect(s):

- **Saudi Arabia:**

The National Pharmacovigilance and Drug Safety Centre (NPC)

- Fax: +966-11-205-7662
- SFDA call center: 19999
- Toll free phone: 8002490000
- E-mail: npc.drug@sFDA.gov.sa
- Website: <https://ade.sFDA.gov.sa>

• Other GCC States:

Please contact the relevant competent authority.

THIS IS A MEDICAMENT

- Medicament is a product which affects your health and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are the experts in medicines, their benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.
- Keep all medicaments out of reach of children.

Council of Arab Health Ministers, Union of Arab Pharmacists