### ♠ Avalon Pharma

# Read all of this leaflet carefully before you start using this product because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, pharmacist, or nurse.
- This product has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any undesirable effects, talk to your doctor, pharmacist, or nurse. This includes any possible undesirable effects not listed in this leaflet. See section 4.

#### What is in this leaflet

- 1. What Salinose SYMBIOFILM $^{\mathbb{R}}$  is and what it is used for
- 2. What you need to know before you use Salinose SYMBIOFILM®
- 3. How to use Salinose SYMBIOFILM®
- 4. Possible undesirable effects
- 5. How to store Salinose SYMBIOFILM®
- 6. Further information

### What Salinose SYMBIOFILM<sup>®</sup> is and what it is used for

Salinose SYMBIOFILM<sup>®</sup> is the ideal solution for children who suffer from colds and rhinitis. Salinose SYMBIOFILM<sup>®</sup> is a nasal spray indicated in children above 6 years to clean and moisten the nose during colds and rhinitis.

### 2. What you need to know before you use Salinose SYMBIOFILM®

#### Do not use in children under 6 years.

Do not use in case of hypersensitivity or allergy to one or several components (listed in section 6). **Warnings and precautions** 

- If symptoms persist more than 10 days, ask for advices to your doctor or pharmacist.
- The bottle shall be used by only one person for hygiene reason and to avoid the transmission of pathogenic agents that could be in contact with the nozzle.
- Keep away from heat, hot surfaces, sparks, flames or sunlight.
- As the bottle is pressurised, do not pierce or burn even after use.
- Do not smoke while using the spray.

#### 3. How to use Salinose SYMBIOFILM®

Always take this product exactly as described in this leaflet or as your doctor or pharmacist have told you. Check with your doctor or pharmacist if you are not sure.

For children above 6 years.

Salinose SYMBIOFILM<sup>®</sup> has a local and mechanical action at the level of nasal mucosa.

- One puff (1-2 sec) twice a day in each nostril during 10 days or as recommended by your pharmacist or healthcare professional.

#### How to use:

1. Place the nozzle smoothly into the nostril while keeping head straight.



2. Once the nozzle is placed, press on the nozzle for 1-2 sec in each nostril. Let flow the excess of solution and wipe.



3. Clean the nozzle with tissue, soapy water, rinse and dry after every use.



If you have any further questions on the use of this medicine, ask your doctor, nurse, or pharmacist.

#### 4. Possible undesirable effects

Feeling of itching and irritation can occur while initiating the treatment. In case of undesirable effects contact your doctor.

Reporting of undesirable effects
If you get any undesirable effects, talk to your
doctor, nurse, or pharmacist. This includes any



possible undesirable effects not listed in this leaflet.

#### 5. How to store Salinose SYMBIOFILM®

- Keep this product out of the sight and reach of children
- Do not use this product after the expiry date which is stated on the carton and label after "EXP". The expiry date refers to the last day of that month.
- Store below 30° C.
- Do not throw away any products via wastewater or household waste. Ask your pharmacist how to throw away products you no longer use. These measures will help protect the environment.

#### 6. Further information

What Salinose SYMBIOFILM® contains Salinose SYMBIOFILM contains Isotonic seawater solution (salinity 0.9%), Symbiofilm®.

## What Salinose SYMBIOFILM $^{\mbox{\scriptsize IR}}$ looks like and contents of the pack

Isotonic seawater with bag on valve technology

#### Legal Manufacturer:

Lallemand Pharma AG - Via Selva 2 6900 Massagno - Switzerland.

#### Made in Sweden

#### **Marketing Authorization Holder:**

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